

A portrait of Dr. Sue Morter, a woman with blonde hair, wearing a red blazer and a pearl necklace, smiling. The background is a light blue circle on a gold bokeh background.

Media Kit

DR. SUE
MORTER

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2026 - 2027



About Dr. Sue

Dr. Sue Morter is a highly sought-after, internationally acclaimed speaker and thought leader, bridging science, spirituality and human potential. She is a Master of Bioenergetic Medicine, and host of the breakout podcast, *The Art of Awakening* and Gaia TV's *Healing Matrix*. She is a trusted voice in the realm of personal development.

Dr. Sue is the founder and CEO of Morter Institute for Bioenergetics, a visionary organization dedicated to teaching self-healing techniques rooted in quantum science and higher consciousness.

As a leading expert in the clinical application of bioenergetics and co-developer of Bio-Energetic Synchronization Technique, Dr. Sue teaches how to reprogram the body's electromagnetic energy flow to regulate the nervous system and master the flow of our health and our lives, through a process she calls Embodiment.

Through her globally taught Energy Codes® seminars, *LiveAwake!*® program, virtual and in-person healing events, *JourneyAwake!*® retreats to sacred sites around the world, and *BodyAwake!*® Yoga trainings, she illuminates the relationship between the body, mind, and energy field—drawing from quantum science, Energy Medicine, and the repatterning of nerve impulses throughout the body. Dr. Sue retrains our perception of Self, reprograms stored memory patterns in the brain and body, and teaches us how to awaken the quantum Self for sustainable healing and creative genius. Her passion for unlocking the full spectrum of human potential arises from direct experiences of higher states of consciousness through meditation, her knowledge of the human system, and her ability to work with high-frequency energy patterns.

For more than 40 years, Dr. Sue has been an esteemed authority in Bio-Energetics and the Master System of the body. This Master System built the nervous system, patterned our DNA, and generated your physical form in the developing embryo, and is based in consciousness itself—the newly discovered scientific foundation of our reality at every level.

She feels it is time to change the narrative of how we study human potential, perceive ourselves and others, and manifest the visions for our lives by learning the deeper language of the authentic self, and recovering suppressed aspects of ourselves, to heal completely and create the lives we are meant to live.

Serving on professional licensing boards and as adjunct faculty at Michigan State University Medical School, Dr. Sue provides guidance on integrative healthcare leadership. An award-winning member of the Transformational Leadership Council, Dr. Sue is the #1 best-selling author of *The Energy Codes: The 7-Step System to Awaken Your Spirit, Heal Your Body, and Live Your Best Life*. Her newest book, *The Anatomy of Awakening: The 5 Hidden Codes to Activate Self-Healing, Unlock Your Higher Consciousness, and Live Your Divine Destiny* is due for release in March 2026.



623K

Cross-platform listens & views.
Breakout tier podcast ranking
in the top 1-2% globally.



52K

FOLLOWERS



70K

FOLLOWERS



56K

SUBSCRIBERS

AS SEEN IN:

TED^x

Gaia



Los Angeles Times



The Podcast

THE ART OF AWAKENING

with Dr. Sue Morter

The Art of Awakening is your pathway to a life filled with joy, creativity, and fulfillment.

It's not just about learning; it's about embodying the teachings and witnessing the profound transformations they bring forth. This podcast is an invitation, to step into a life you love living—a life that is your birthright.

Join this incredible journey and awaken your full human potential.

Past Guests



Michael Beckwith

Bestselling Author & Spiritual Educator



Marianne Williamson

Author, Activist & Spiritual Philosopher



Iyanla Vanzant

Author & Producer



Anita Moorjani

International Speaker & Bestselling Author



Neale Donald Walsch

American Author, Screenwriter, Actor & Speaker



Jean Houston

Scholar, Philosopher & Researcher in Human Capacities



Marci Shimoff

New York Times Best Seller
& Featured Teacher
on *The Secret*



Gregg Braden

A Five-Time *New York Times*
Bestselling Author



Dr. Jill Bolte Taylor

Harvard-Trained
& Published Neuroanatomist



Dawson Church

Founder & CEO of
EFT Universe



Denise Harrington

Communication Expert
Creator of
Speaking With Impact™



Eileen McKusick

Researcher, Author &
Expert in the Field of Biofield
Science & Sound Therapy



Kim Murphy

Certified Plant Based Health Coach
Best Selling Author



Natalie Ledwell

Founder of Mind Movies
Personal Development Leader



Mark Romero

Musician
Leader in Sound Therapy



Marie Diamond

Feng Shui &
Manifestation Master



Dr. John Douillard

Ayurvedic Expert, Author
& Founder of LifeSpa.com



Barry Goldstein

Visionary Composer, Author
& Grammy Winner

Recent Episode Topics

01/17/2025

What is Consciousness?

04/11/2025

**Breaking Free From Anxiety:
Understanding The Gut-Brain
Connction**

02/07/2025

**Designing A Life In Flow:
Practical Tips for Success,
Relationships, and Manifestation**

04/18/2025

**The Three Keys to
Emotional Healing
with Mark Romero**

02/21/2025

**Awakening to Whole Brain Living
with Dr. Jill Bolte Taylor**

04/25/2025

**Spiritual Intelligence
with Dawson Church**

03/07/2025

**Awakening Through Music
& Sound: In Conversation with
Barry Goldstien**

05/09/2025

**Eat Well Feel Better:
Healing & Whole Foods
with Kim Murphy**

03/14/2025

**Happy For No Reason:
In Conversation with
Marci Shimoff**

05/16/2025

**The Energy of Manifesting
with Natalie Ledwell**

03/28/2025

**The Rhythm of Awakening:
A Journey with James Asher**

05/23/2025

**Marianne Williamson on Humility,
Love & Collctive Healing**

04/04/2025

**Reclaiming Your Power:
Overcoming Fear & Self-Doubt**

05/30/2025

**Gregg Braden on Divinity,
DNA & Conscious Evolution**

06/06/2025

**Manifesting Abundance:
What You Need to Know**

08/01/2025

**Beyond the Mat:
Why Yoga Works - From Energy
to Neuroscience**

06/13/2025

**Conscious Living
Through Ancient Wisdom
& Modern Science**

08/08/2025

**Emotional Vibration:
The Science Behind
How You Feel**

06/20/2025

**From Survival to Creation:
Redefine Your Reality**

08/15/2025

**Stop Chasing Start Being:
The Path to Embodied Success**

06/27/2025

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Communication
with Denise Harrington**

08/22/2025

**Trusting Your Inner Voice:
Intuition Meets Resistance**

07/11/2025

**Sound Therapy & Self-Healing:
How to Tone Your Biofield
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08/29/2025

**Escaping the Noise:
How to Find Stillness in a
World of Distraction**

07/18/2025

**Energy Medicine Explained:
How to Heal**

09/05/2025

**What Your Desires &
Cravings are Telling You**

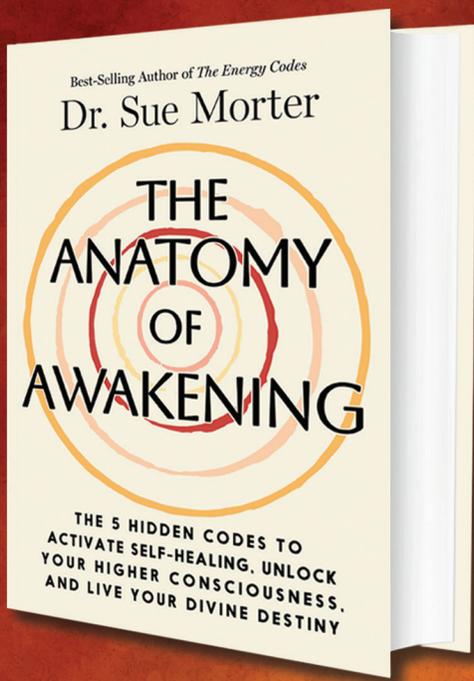
07/25/2025

Reignite Your Spark

09/19/2025

**You Are The Universe:
How Shifting Your Energy
Changes Everything**

THE ANATOMY OF AWAKENING



In our rapidly changing world, we are challenged to maintain a sense of self and not be consumed by the turbulence. Where can we turn to find the stability we need?

The Anatomy of Awakening reveals that all we need is already with and within us, profoundly hidden in plain sight. Dr. Sue Morter, best-selling author of *The Energy Codes*, identifies the invisible, sacred energetic structure that underpins our human physiology—a flowing throughline that results from the series of compressions required for Source to manifest into human form. She also introduces us to the vibrational frequency of a Greater Love, a force that allows us to sustainably transcend our primitive brain, bringing greater peace and healing.

Using an approach keyed to the highest of 12 chakras, *The Anatomy of Awakening* opens what Dr. Sue describes as a “vibrational combination lock,” activating deeper levels of awareness and helping us become more masterful in how we live, feel and respond. We align with five transformative universal principles or quantum “codes” to reveal a greater Truth:

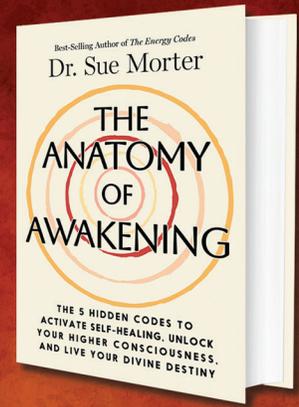
- **The Creator Code—Awakening as Source**
- **The Actioning Code—Flowing with Grace**
- **The Destiny Code—Embodying Quantum Love**
- **The Revelation Code—Illuminating the Ecstatic Self**
- **The Blessing Code—Unifying the Realms into One Divine Truth**

By awakening to these subtle energies and accepting that we are already the Divine, we free ourselves from the limitations of beliefs, learn to trust ourselves, and heal on every level. We activate a greater state of consciousness, bringing us closer to our highest selves. We transform.

PRE-ORDER AT:
DRSUEMORTER.COM/THE-ANATOMY-OF-AWAKENING-BOOK/

Release Date: March 24, 2026

Endorsements for THE ANATOMY OF AWAKENING



"*The Anatomy of Awakening* is a true gift! Based on her own profound experiences along with decades of clinical mastery, Dr. Sue Morter offers a pathway for awakening to become your lived experience—one that naturally expands your capacity for happiness and everyday miracles. This book is a revelation and a roadmap for creating a life filled with joy, grace, and love."

— Marci Shimoff, #1 *New York Times* Bestselling Author of *Happy for No Reason* and *Chicken Soup for the Woman's Soul*



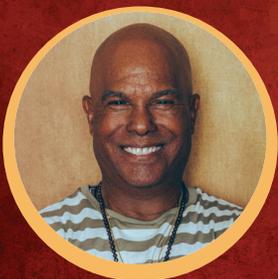
"Dr. Sue Morter is nothing less than the supreme alchemist of healing energy. The powerful transformational practices in *The Anatomy of Awakening* will weave her magic through you and transmute your life into solid gold."

— Lynne McTaggart, Internationally Best-Selling Author of *The Field* and *The Power of Eight*



"With clarity and devotion, Dr. Sue Morter offers a guide for navigating the world from a higher energetic state. Her teachings on Greater Love, consciousness, and sacred embodiment are medicine for these times. *The Anatomy of Awakening* supports the seeker, the healer, the navigator - anyone choosing to journey with intention, awareness, and a vibrational frequency that heals."

— Lalah Delia, Spiritual Teacher and Author of *Vibrate Higher Daily: Live Your Power*



"Dr. Sue Morter's *The Anatomy of Awakening* is a radiant transmission—an inspired, practical map for embodying higher consciousness and living from the Divine Intelligence within. With the precision of a master teacher and the heart of a mystic, she reveals the sacred "codes" that dissolve the illusion of separation and awaken the God Presence in every breath, cell, and choice. This is not just a book you read, it's an activation you live."

— Michael Bernard Beckwith
Founder and CEO, Agape International Spiritual Center, Author of *Life Visioning* and *Spiritual Liberation*, and Host of *Take Back Your Mind* Podcast



"This book is a treasure. Dr. Sue Morter lights the path back to our brilliance with clarity, love, and a rare depth of wisdom. *The Anatomy of Awakening* shows you how to remember your power and actually live it. Reading it feels like remembering a secret you somehow always knew. Dr. Sue Morter brings the unseen into the light with grace and extraordinary clarity. A gorgeous guide for anyone ready for their next big leap."

— Mike Dooley, *New York Times* Bestselling author of *Infinite Possibilities*



"*The Anatomy of Awakening* is a profound, transformative gift. Dr. Sue Morter has illuminated a path that helps us remember who we truly are beneath the layers of fear, conditioning, and self-doubt. This book will change the way you see yourself, your purpose, and what is possible for your life. It is far more than a teaching—it is a living blueprint for embodying the highest expression of your soul. Dr. Sue Morter guides us back to our innate wholeness with such clarity, love, and wisdom that you can feel your consciousness expanding with every page. If you are ready to awaken, to heal, and to live from the deepest truth within you, this book will open the door."

— Anita Moorjani, *New York Times* bestselling author of *Dying to Be Me*



"In these pages, Dr. Sue offers a map back to ourselves, to the higher knowing, the calm, the courage, and the love that lives within us beyond all the noise. Her work brings light to the places we often keep hidden. This book is a gift for anyone committed to growing through life, not just going through it."

— Lauren London, Actress



"*The Anatomy of Awakening* is the perfect blend of spiritual philosophy, ancient wisdom, and personal stories woven into a practical guide for everyday life! In a conversational style that's easy to read, yet brimming with timeless wisdom, Dr. Sue leads us on an eye-opening journey of discovery that shatters common misconceptions about us, our relationship to our body, and the world. In doing so she reminds us that the key to our greatest love and deepest healing lies in our ability to embrace the ancient truth of our natural divinity that asks to be remembered within each breath. You'll want to keep this book at your fingertips during your daily practice, as *The Anatomy of Awakening* ignites your memory of the most intimate relationship that you'll ever experience—your relationship with yourself and your personal power."

— Gregg Braden, Scientist and *New York Times* Bestselling author of *Pure Human* and *The Divine Matrix*



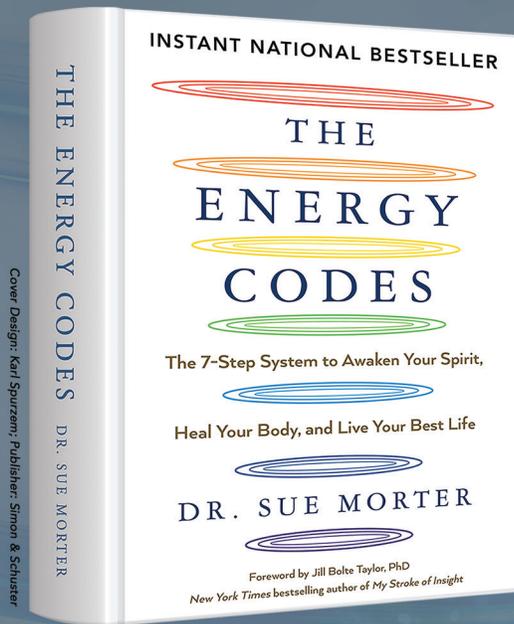
"Dr. Sue's work brings timeless knowledge into the modern world with clarity, integrity, and extraordinary insight. Her teachings reconnect us to a lineage of wisdom that still pulses in the stones of Egypt. For anyone seeking authentic transformation, her guidance is a bridge to the ancient and the eternal."

— Fadel Gad, Egyptologist

The Energy Codes Book

USA Today Bestseller, Amazon Bestseller, LA Times Bestseller

TRANSFORM YOUR
LIFE WITH THIS
REVOLUTIONARY AND
ACCESSIBLE
SEVEN-STEP GUIDE -
GROUNDED IN
ENERGY MEDICINE,
NEUROBIOLOGY, AND
QUANTUM PHYSICS -
TO AWAKEN YOUR
TRUE HEALTH AND
POTENTIAL THROUGH
ENERGY HEALING.



*"For those ready and willing to build a new life, here are the tools.
Powerful, incisive, extraordinary writing."*

- Neale Donald Walsch, New York Times bestselling author of Conversations with God

Eighteen years ago, health pioneer and practitioner, Dr. Sue Morter, had a remarkable and profound awakening. While meditating, she spontaneously accessed an energy field – a level of consciousness – beyond anything she had ever imagined. This dramatic experience changed her life, freeing her from years of struggle and pain. It also set Dr. Sue Morter on a mission to discover how to create such radical transformation for her patients. Through years of advanced study and research in energy healing and medicine, she developed the *The Energy Codes*, a life-changing program that has now enabled tens of thousands of people all over the world to overcome pain, disease, fatigue, anxiety, and depression, and to awaken their innate creativity, intuition, and inner power. Bridging ancient healing practices with cutting-edge science, *The Energy Codes* offers a detailed road map to help you experience deep healing in your life. Grounded in practical, accessible exercises, including yoga, breathwork, meditations, and Dr. Morter's proprietary B.E.S.T. protocol, *The Energy Codes* will help you activate untapped energy and neurocircuitry in your body, empower your hidden potential, and become one with your true, essential self. Prepare to change your life by changing your energy.

ORDER YOUR COPY AT:
DRSUEMORTER.COM/EC-BOOK-BONUSES/

Recent Appearances:



Podcast Interview with Andre Duqum:

***How to Activate The Body's Energy Field,
"We Were Never Taught This!"***
522K+ Views



Podcast Interview with Dr. Mayim Bialik:

***Activate Your BioEnergy Field! Change
Thoughts & Feelings That Shape REALITY***
178K+ Views



Podcast Interview with Amrit Sandhu:

Why We Must All AWAKEN NOW!
***Dr. Sue Morter ENLIGHTENED MASTER Reveals
SECRET ENERGY CODES!***
140K+ Views



Podcast Interview with Lewis Howes:

AIRING MARCH 23, 2026

Audience Demographics

Dr. Sue's audience consists primarily of women over the age of 45. Her followers are drawn to her unique approach to Energy Medicine and quantum science.



85% Female/15% Male

PRIMARILY AGES 35 - 54

TOP CITIES: NEW YORK,
LONDON, LOS ANGELES,
MELBOURNE, SYDNEY



87% Female/13% Male

PRIMARILY AGES 45+

TOP CITIES: LOS ANGELES,
NEW YORK, INDIANAPOLIS,
LONDON, MELBOURNE



73% Female/27% Male

PRIMARILY AGES 45+

TOP CITIES: NEW YORK,
LOS ANGELES, LONDON,
TORONTO

“*Dr. Sue is authentically magnetic; her wisdom, her courage, her clarity, her vulnerability and her practicality are most sincere and grounded in Love. She invites and supports you to dance with your own miracles!*”

- Connie

What Students Say...

"Dr. Sue is a powerful force for good on this planet. She is kind, loving, and a phenomenal teacher. She isn't ego driven and truly cares about each individual accessing their Essential Self and revealing that into the world."

- Annette

"Dr. Sue is the teacher I waited my whole life to find. She embodies everything she teaches, really talks her walk. She is an awake embodied being and empowers you to be the same. And she does it all from the most loving, accepting, generous space."

- Lea

"Dr. Sue is unlike anyone else out there. She is the most brilliant, loving, wise, intuitive, masterful teacher here to help awaken humanity to awaken to their true greatness and true essence as love."

- Amanda

"Dr. Sue is an amazing woman, full of vibrant energy, and very loving. Dr. Sue is the real deal, she lives what she teaches, and is a blessing to all who have learned from her."

- Laura

"Dr. Sue is loving beyond measure. She is passionate about helping humanity know that all is in Divine Order. Everything is in our favor. Dr. Sue lovingly teaches us how this is true."

- Cynthia

"Dr. Sue, to me, is the absolute embodiment of PURE LOVE. Being in her presence, even online, is such a joyful experience. You can truly feel how much she cares. Also, she seems so calm and peaceful."

- Mary

Booking Dr. Sue

Dr. Sue's presence will energize your audience, awakening them to tremendous power and passion through eye-opening talks bridging science, spirituality, and human possibility.

Most Requested Topics:

- Healing and Self-Healing
- Energy Medicine
- Human Potential
- Personal Growth
- Passionate Life Purpose



To book Dr. Sue for your event, please visit:
drsuemorter.com/book-dr-sue/

Dr. Sue's dynamic ability to engage the audience creates a powerfully transformative presentation that leaves people on their feet and wanting more.

She has the spell-binding ability to work organically in large group settings utilizing direct Q&A that taps into the spirit of the moment and works with the energy in the room.

"Sue brings us to our hearts and to our feet every time she speaks for us."

- Jack Canfield

"Dr. Sue's presence is electric, and her message is guaranteed to touch and transform any audience."

- Marci Shimoff