

About Dr. Sue Morter

Dr. Sue Morter is a highly sought-after, internationally acclaimed speaker and thought leader, bridging science, spirituality and human potential. She is a Master of Bioenergetic Medicine, and host of the breakout podcast, *The Art of Awakening* and Gaia TV's *Healing Matrix*. She is a trusted voice in the realm of personal development.

Dr. Sue is the founder and CEO of Morter Institute for Bioenergetics, a visionary organization dedicated to teaching self-healing techniques rooted in quantum science and higher consciousness.

As a leading expert in the clinical application of bioenergetics and co-developer of Bio-Energetic Synchronization Technique, Dr. Sue teaches how to reprogram the body's electromagnetic energy flow to regulate the nervous system and master the flow of our health and our lives, through a process she calls Embodiment.

Through her globally taught Energy Codes® seminars, LiveAwake!® program, virtual and in-person healing events, JourneyAwake® retreats to sacred sites around the world, and BodyAwake® Yoga trainings, she illuminates the relationship between the body, mind, and energy field—drawing from quantum science, Energy Medicine, and the repatterning of nerve impulses throughout the body.

Dr. Sue retrains our perception of Self, reprograms stored memory patterns in the brain and body, and teaches us how to awaken the quantum Self for sustainable healing and creative genius. Her passion for unlocking the full spectrum of human potential arises from direct experiences of higher states of consciousness through meditation, her knowledge of the human system,—and her ability to work with high-frequency energy patterns.

For more than 40 years, Dr. Sue has been an esteemed authority on the Master System of the body—the intelligence that built the nervous system, patterned our DNA, and generated our physical form in the developing embryo. It is consciousness itself: the newly recognized scientific foundation of our reality at every level.

Serving on professional licensing boards and as adjunct faculty at Michigan State University Medical School, Dr. Sue provides guidance on integrative healthcare leadership. An award-winning member of the Transformational Leadership Council, Dr. Sue is the #1 best-selling author of *The Energy Codes: The 7-Step System to Awaken Your Spirit, Heal Your Body, and Live Your Best Life*. Her newest book, *The Anatomy of Awakening: The 5 Hidden Codes to Activate Self-Healing, Unlock Your Higher Consciousness, and Live Your Divine Destiny* is due for release in March 2026.