

# About Dr. Sue Morter

Dr. Sue Morter is an internationally acclaimed speaker and thought leader, bridging science, spirituality and human potential. She is a Master of Bioenergetic Medicine, *New York Times* best-selling author, and host of the breakout podcast, *The Art of Awakening* and Gaia TV's *Healing Matrix*. She is a trusted voice in self-healing and personal development.

Dr. Sue is the founder and CEO of Morter Institute for Bioenergetics, a visionary organization dedicated to teaching natural healing techniques rooted in quantum science and higher consciousness.

As a leading expert in the clinical application of bioenergetics (the body's energy flow) and co-developer of Bio-Energetic Synchronization Technique, Dr. Sue teaches how to use the heart and mind to heal the body. She reprograms the body's electro-magnetic energy flow to regulate the nervous system and master the flow of our health and our lives, through a process she calls Embodiment.

Through her globally taught seminars, virtual and in-person healing events, JourneyAwake® retreats to sacred healing temples around the world, and BodyAwake® Yoga trainings, she illuminates the relationship between the body, mind, and energy field—drawing from ancient truths, traditional sciences, quantum science, epigenetics, and energy medicine.

Her passion for unlocking the full spectrum of human potential arises from direct experiences of higher states of consciousness through meditation, and her expert knowledge of the human system's healing energy flow.

For more than 40 years, Dr. Sue has been an esteemed authority on the Master System of the body—the intelligence that built the nervous system, patterned our DNA, and generated our

physical form in the developing embryo which remains in charge of all healing throughout life.. It is innate intelligence, consciousness itself, the same intelligence which is newly recognized, scientifically, as the foundation of our reality at every level.

Her research reveals that it is time to change the narrative of how we study human potential, and how we perceive ourselves and others, by learning the deeper language of the body's energy flow. Through these somato-sensory modalities, we recover suppressed aspects of ourselves and heal.

Serving on professional healthcare licensing boards and as adjunct faculty at Michigan State University Medical School, Dr. Sue provides guidance on integrative healthcare leadership. An award-winning member of the Transformational Leadership Council, she is a *New York Times* best-selling author as well as a #1 *USA Today non-fiction*, #1 *Publishers Weekly hard-cover*, and *Canada's Globe and Mail*, international best-selling author of her latest book, *The Anatomy of Awakening: The 5 Hidden Codes to Activate Self-Healing, Unlock Your Higher Consciousness, and Live Your Divine Destiny*. She is #1 *LA Times* and a *USA Today* best-selling author of *The Energy Codes: The 7-Step System to Awaken Your Spirit, Heal Your Body, and Live Your Best Life*.